Advising Road Map

Major:	BS, Kinesiology
Concentration:	Exercise and Fitness Specialist
Total Units to Degree:	120
Academic Year:	2019-2020

The following road map is a path of courses used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester - Year 1	
Course or Requirement	*Units*
GE (Area A1)	3
GE (Area D2 or D3/US123)*	3
GE (Area E)	3
CHEM 30A (B1)**	3
Activity Class***	1
Total Semester Units:	13

Spring Semester - Year 1	
Course or Requirement	*Units*
GE (Area A2)	3
GE (Area D2 or D3/US123)*	3
GE (Area B4)	3
GE (Area C1)	3
Activity Class***	1
KIN 70	3
Total Semester Units:	16

Fall Semester - Year 2	
Course or Requirement	*Units*
BIOL 65	4
GE (Area A3) [Rec. ENGL 2]	3
GE (Area C1 or C2)	3
GE (Area D1)	3
Add'l Coursework for EF****	3
Register to take WST	
Total Semester Units:	16

Spring Semester - Year 2	
Course or Requirement	*Units*
GE (Area C2)	3
BIOL 66	5
KIN 160 or 161 or 164	3
Activity Class***	1
Add'l Coursework for EF	3
Total Semester Units:	15

Fall Semester - Year 3	
Course or Requirement	Units
KIN 100W (Z)	3
KIN 155	3
KIN 165 or KIN 166	3
EF Required Course****	3
EF Required Course****	3
Activity Class***	1
Total Semester Units:	16

Spring Semester - Year 3	
Course or Requirement	Units
SJSU Studies (Area V)	3
KIN 158	3
KIN 165 or KIN 166	3
KIN 167	3
Activity Class***	1
Total Semester Units:	13

Fall Semester - Year 4	
Course or Requirement	Units
SJSU Studies (Area R)	3
KIN 154B	3
KIN 157	3
KIN 175	3
Add'l Coursework for EF****	3
Activity Class***	1
Total Semester Units:	16

Spring Semester - Year 4	
Course or Requirement	Units
SJSU Studies (Area S)	3
KIN 147	3
KIN 162	3
KIN 185	1
KIN 187	3
KIN 198	2
Total Semester Units:	15

Notes:

^This major requires an International Experience, please consult your major advisor regarding course requirement.

* 2 Semester Course Sequence which may also fulfill the American Institutions graduation requirement. Refer to the General Education information in the Schedule of Classes.

** BIOL 065 and 066 are not GE but meet Area B2 for Kinesiology majors

*** Four activity courses from at least four different movement areas (In addition to university graduation